



Essex-Union Podiatry LLP

Dedicated to Foot and Ankle Health

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**Board Certified in Foot And Ankle Surgery*

POST OPERATIVE CARE OF NAIL SURGERY

1. Keep dressing dry and on the foot until tomorrow morning
2. Remove the dressing and soak the foot in Epsom salts twice a day beginning the morning after the nail or wart procedure. This should be done for 7 days unless otherwise instructed.
3. Epsom Salts are mixed one tablespoon per pint of warm water.
4. Apply a small amount of antibiotic ointment like Neosporin or Triple Antibiotic after soaking and cover with a band-aid.
5. After 7 days apply peroxide to the toe twice a day. Discontinue the use of antibiotic ointment. Apply a dry bandaid during the day and leave the toe bare/uncovered at night while sleeping.
6. Return to the office for follow-up visit (usually two weeks after the procedure.)
7. Report any severe pain, redness, swelling or foul smelling discharge to the doctor.

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